



La Fuente

Source of Relaxation, Beauty and Renewal

Beauty and Skin Care

Rejuvenate - Revitalize - Regenerate

Diamond Experience Multi-Sensory Lifting 60 min. € 125 An extraordinary luxury - The latest in natural lifting to restructure and restore radiance to the skin. A vital infusion of energy and DNA.

Citrus Facial Anti-oxidant Essence 60 min 105 € A vitamin cocktail of 100% pure vitamin C repairs the skin, stimulates the production of collagen and prevents premature ageing.

Absolute Beauty - Queen of the Nile 60 min. € 100 Firmer, softer, glowing skin with the powerful anti - ageing properties of the white clay mask, milk proteins and 22 k. gold.

Thirst Quencher 60 min. € 95 The riches of the ocean in the form of marine algae provide essential elements to revitalize, hydrate and nourish dry and damaged skin.

Rejuvenating Facial 60 min. 95 € Regenerative, decongestant and soothing to dry and irritated skin. Nourishes and restores firmness. Ideal for both men and women.

Flash Renewal Facial 30 min 55 € Immediate lift with a gentle cleansing, light exfoliation and massage to activate the circulation. Ideal in combination with a body massage.

Facials with the exclusive products of Natura Bissé, Alquimia, Utsukusy and Algoane



Beauty

Hair removal - waxing

Eyebrow 15 €	Upper lip 30 €
Half Legs 35 €	Full Leg 55 €
Bikini 30 €	Underarm 25€
Back 50 €	

Express Manicure 50€ Deluxe Manicure € 60 French Manicure € 70

Express Pedicure 70€ Deluxe Pedicure €80

Eyelash Tint 15€ Evening Make- up 60 €

Hairdresser - Wash and dry

Consult us about our Beauty Packages

Massage and Relaxation

Rest - Recuperate - Renew

Harmony, Balance, Well-being and Inner peace

Diamond Experience - Magnetic ritual 90 min. 125€ A uniquely luxurious experience that pampers, relaxes and purifies body and mind and leaves the skin luminous, glowing and deeply hydrated.

Citrus Anti-oxidant Scrub 30 min. 60€ The highest concentration of vitamin C and rose hips oil to protect and cleanse the skin removing impurities and leaving the skin soft and silky.

Citrus Bath 60 min. 100€ Immerse your skin in vital nutrients with a body wrap ideal for sun damaged skin, hydrating as it protects against dryness and premature ageing.



Pre - Sport Stretch - Après Sport Stretching Massage 70 min. 125€ 'Pre- sport' 20 min. session of sport specific stretches, 55€ Après- sport recuperative massage of 50 min. based on the Balinese massage of gentle stretches to relax and relieve tension and tiredness in joints and muscles, resulting in greater flexibility and recuperation.110€

Chocolate Therapy 55 min. 95€ Absorb the delicious fragrances of chocolate, cinnamon and orange and enjoy a nourishing and relaxing massage with antioxidant properties.

Hot Stone Therapy 90 min. 120€ Enjoy the power of hot volcanic stones to relax and ease stress, renew your spirit and balance the chakras and meridians of the body.

California Massage 55 min 95€ Simulating the waves of the ocean to hypnotise and relax, originated in the famous Esalen institute of California and inspired by classical western massage technique and energetic principles of oriental massage.

Ayurveda Abhyanga - 60 min 95€ 90 min. 135€ Traditional Indian massage to harmonize and detox the body, relax the mind and release blockages. Warm essential oils are used to balance the individual doshas or body constitutions.

Indian head massage 45 min 75€ Relaxing head, neck and shoulder massage, helps to eliminate stress, tension and fatigue, This massage is received dressed and without oils.

Reflextherapy 45 min 75€ A deep sense of well being is achieved working through the reflex points in the feet with a light pressure to achieve inner balance and well being.

Harmonyum "Bio - Metaphysical Medicine" 55 min. 125€ Rejuvenate, replenish and renew with an ancestral healing system for balancing body, mind and emotions, essential for optimum health.

Aromatherapy Stress Release 55 min. 95€ Surrender the stress and release tension from body and mind with a massage personally designed to help you to disconnect from daily tension.

Scents of Son Net 55 min. 95€ Wrap your senses in the sweet scents of an aromatherapy massage made from the natural aromas found in the surroundings of Son Net, lavender, rosemary, cypress, orange, lemon and pine.

Hopi Ear Candles 45 min. 75€ Help to alleviate congested sinuses and blocked ears combined with a pressure point massage to face and scalp.



25 min. Hydro-therapy bath. 25€

Consult our therapists for recommendations and advice on suitable treatments

Yoga Well Being and Fitness

Private Yoga Classes

Personalized Instruction in Meditation and Breathing

Get FIT Travel Kit – Fitness for Frequent Flyers

Pre sport Stretch Class

Personal Training

60 min 95€ 90 min 125€

Body Rituals to Relax and Renew

A treat for Body and mind and spirit

A time for you to let time stand still

Diamond Sublime 140 min. 220€ This most luxurious pampering experience begins with a balancing of the chakras followed by a body wrap of luminous mud and diamond dust to eliminate impurities and leave the skin radiant, luminous and deeply hydrated. The magnetic properties of this treatment are enhanced with a massage designed to activate vital energy and to alleviate stress and tension. The ritual is terminated with the diamond experience multi-sensorial lifting facial.

Cítrus Supreme 120 min 155€ Immerse your skin in a bath of citric sensations and antioxidant nutrients to re-vitalize, protect and repair skin damaged by sun, stress and pollution. A complete Mediterranean style ritual of citric exfoliation, an infusion of

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pure vitamin C, a citric soufflé mask, an antioxidant citric facial and a soothing and a healing body massage to rejuvenate and firm the skin and to prevent premature ageing.

Cleopatra Ritual - 120 min. 150€ Wrap yourself in an aura of mystery with the beauty secrets of Cleopatra, Queen of the Nile. This ritual begins with a gentle peeling with dead sea salts, followed by a relaxing, regenerating and balancing aromatherapy massage with the exotic essential oils of myrrh, frankincense, and rose. The final touch is a facial treatment with gentle cleansing and peeling followed by a rejuvenating and firming mask of white clay, silica, milk protein and 22 karat gold leaving the skin silky soft and smooth and radiant.

Ritual of Bacchus - Wine Therapy 90 min. 130€ The ultimate wine therapy experience includes a gentle body scrub with wine and caviar to help to reduce congestion and to cleanse the skin, followed by a facial and body massage with warm grape seed oil and warm poultices of 100% grape extract with antioxidant and regenerating properties helping to ease contractions, tension and muscle aches. The ideal complement to the visit to the local winery.

Spa Gold Therapy 60 min. 115€ A golden treatment inspired by the vibrant energy of the sun to regenerate, stimulate and enrich the skin as well as to prevent premature ageing. Gold can be found in the marine world in algae called 'Golden Algae'. First a body wrap of golden algae followed by a massage with golden nectar. A treasure that will leave the skin radiant and glowing.

Spa Pearl Therapy 90 min. 130€ A glamorous pearl extract inspired by the magical serenity of the moon, especially designed for stressed skin lacking in tone and vitality. A white pearl body treatment and wrap is combined with a black pearl facial. The Magic of the Silk Route 90 min. 130€ An exotic combination of a body exfoliation with spices of the orient, ginger, cardamom, cinnamon, clove and vanilla followed by a relaxing massage with cinnamon and mandarin gel to improve circulation and calm nervous tension, completed with a body wrap to leave the skin silky and smooth.

Chocolate Delight 120 min. 150€ Allow yourself to be seduced by the warm fragrant aroma of chocolate, cinnamon and orange blossom. First a gentle body scrub with exotic spices, followed by a relaxing massage with warm chocolate oil and ending by just soaking up the intoxicating chocolate aromas with an antioxidant, nourishing and replenishing body wrap of warm chocolate fondue. A treat not to be missed by chocolate lovers.



Ritual Ayurveda - Udvartana + Abhyanga 120 min. 150€ The science of long life - First an exfoliation with 100% natural spices from India, clay, volcanic lava and essential oils to help to rejuvenate the skin and eliminate impurities, followed by the application of warm oils to activate the marmas o meridians of the body and a relaxing massage to balance and recuperate optimum health

Men´s Special 90 min. 145€ The perfect combination of a body scrub with wine, caviar and sea algae to deeply cleanse the skin and eliminate impurities, followed by a massage to alleviate stress and tension in back, neck and shoulders , ending with a facial treatment to cleanse, hydrate and renew. Consult our therapists to help customize a beauty ritual